

Hi! I'm Brenda, owner of Expert Aesthetics. You can check out our website at **ErasingAge.com**

Here's what you need to do to get started:

- Download What's app (Melanie (PA) will call you to clear you for the Semaglutide injections.

- Answer the questions at the bottom of this email.

- If you have recent blood work please email them to me. I am looking to see what your blood sugar (A1C), lipids, ALT and AST.. If you don't have them, you can always go to any lab or quest. I would recommend making an appointment online and go in and ask for a CBC which will give you all of that information. It runs around \$25 I believe.

If you have non-alcohol fatty liver disease, we will recommend that you take the following combination for five days; extra-virgin olive oil, cayenne pepper, and lemon juice as a shot and follow up with water on an empty stomach.

- Once cleared I'll send you an invoice you can pay

- I will send you instructions on how to take the shots.(weekly subQ shots in the abdomen must be alternative weekly)

- Text me **817-705-0324** when you take your last shot and I will reorder for you and send your next invoice. I also accept Venmo.

Be sure to text or call the office at the number listed above if you have any of the following side effects. Nausea, diarrhea or constipation.

PAYMENTS MUST BE MADE EACH MONTH BEFORE YOUR PRESCRIPTION IS FILLED BY THE PHARMACY.

Provide the following information:

Email bloodwork to
Expert.aesthetics@gmail.

Answer the following questions by text or email listed above:

Do you have diabetes?

Do you have liver/kidney issues?

Do you have a history of Thyroid medullary cancer?

Do you have any GI issues such as: diverticulosis, ulcerative, colitis, Crohn's?

Current medications:

Medications allergies:

Current weight:

Goal weight:

Current email:

Date of birth:

Middle name:

Mailing address:

Email:

Expert.aesthetics@gmail.com

817-705-0324